



# Forklift On-Site Training



## Classroom Instruction

Adams Safety Training offers one of the most comprehensive programs available for training forklift operators. The training is tailored to the specific needs of your organization and involves about 3 hours training. Topics included in a video presentation to help meet the Cal-OSHA requirements:

- truck types
- data plates
- load centers
- the stability triangle
- 29 Safety rules for operating a forklift
- effects of mast tilt
- load stability
- ramp operation
- picking/placing loads
- operation at loading docks in trailers and railcars
- pedestrian traffic concerns
- pre-shift inspection
- other situations unique to your operation
- pre-shift inspection
- refueling/recharging

A written test is part of the training and is reviewed with the operators to ensure understanding and retention of materials covered.



## **Hands-On Evaluation**

To comply with the law and ensure that the operator has the ability to operate safely, each operator is required to pass a hands-on evaluation in the workplace on each truck type they will be assigned to operate. The method requires the operator to demonstrate proficiency in forklift operation in a manner that mirrors actual use in the workplace. This requires approximately 10 to 40 minutes per operator, per truck, in a "one-on-one" training/evaluation session.

## **Course Materials**

All necessary materials are provided including:

- Student Workbooks
- certification cards
- operator evaluation forms
- pre-shift inspection forms

The provided documentation is to show proof of training and should be kept by the students and company for compliance auditing purposes.

**Cost of the training is \$65 per student or for smaller groups a flat charge of \$500**

